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A holistic approach to developing an international perspective: insights from the 'Impact of CAS' study (2017)



The Impact of CAS

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Professor Jeff Thompson



Creativity, Activity, Service (CAS)

International Baccalaureate Diploma Programme
(IBDP): university entrance qualification

CAS: experience-based learning

How can a holistic approach develop international perspectives?



IB Mission Statement

“The International Baccalaureate aims to develop inquiring, knowledgeable and **caring** young people who help to **create a better and more peaceful world through intercultural understanding and respect.**

To this end the organization works with schools, governments and international organizations to develop **challenging programmes of international education and rigorous assessment.**

These programmes encourage students across the world to become **active, compassionate** and lifelong learners who **understand that other people, with their differences, can also be right.”**

(International Baccalaureate Organization, 2016a)

Active internationalism



Holistic education through experience

CAS
Creativity

Hahn's Experience Therapy
(see Project)

Activity

Fitness and an expedition

Service

Service

The project

Craft-based or research project

The Impact of CAS

Survey Participants:

IBDP students (n = 7973)

IBDP alumni (n = 903)

CAS Coordinators (n= 490)

In 2 of the 3 IB World Regions:

Asia Pacific (IBAP)

Africa, Europe, Middle East (IBAEM)

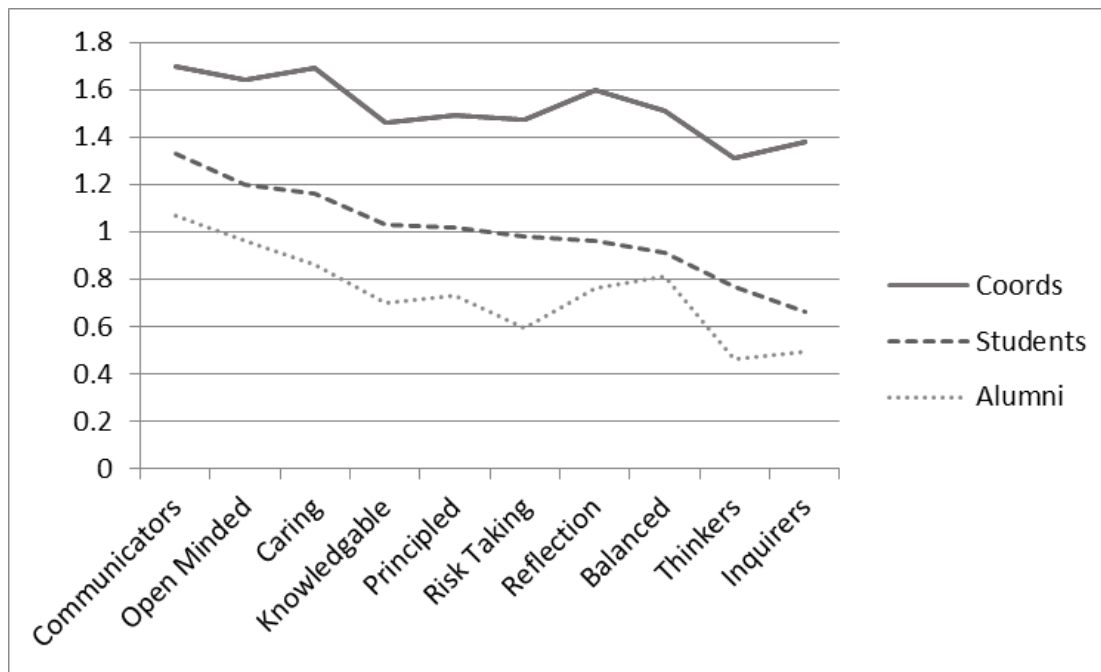


CAS Activities by theme

Creativity Themes	Action Themes	Service Themes Volunteering/helping...	Project Themes
Performing	Sport	At school	Charity
Making	Exercise	With/for charity	School
Organising	Other	In the wider community	Educational
Communicating		Other	Other
Giving			
Other			

Impact on students

Learner
Profile
Attributes



Emergent benefits of CAS

- Well-being:
feeling fitter
involvement with people
“stress-buster”
- Having fun
- Balance



International perspectives & CAS



Not just a shovel...



Active internationalism?



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